

Health and Safety Guide  
TO Running  
Competitions



**THE FOLLOWING RULES APPLY TO ALL COMPETITIONS**

- 1) The date of the competition must be approved by the Chairperson of MGA Ireland before the competition can be organised.
- 2) The organiser **MUST** be a member of MGA Ireland and the competition must be run under MGA Ireland rules and regulations.
- 3) A Health & Safety Representative must be appointed and notified to MGA Ireland Health & Safety Officer.
- 4) Adequate First Aid cover must be organised for the competition. Paramedic cover is preferable for larger events.
- 5) A standard Risk Assessment Form should be completed by the Health & Safety Representative for the venue and submitted to the Health & Safety Officer
- 6) Local veterinary on call cover should be arranged.

A form detailing these requirements is attached to these notes. This form **MUST** be completed and submitted to the Chairperson/H&S Officer prior to the competition taking place. A sample Risk Assessment accompanies the form for your guidance. This must be adapted to suit the competition venue.